

Newsletter

FOR YOUR
DIARIES

ISSUE 19

FRIDAY 14TH DECEMBER 2018

Principal's Message

GRADE 6 DAY OUT

Monday 17th December

PRESENTATION NIGHT

(whole school)

Tuesday 18th December

LAST DAY OF SCHOOL

Friday 21st December

(1:30pm finish)

FIRST SCHOOL DAY 2019

Wednesday 30th January

We are about to enter the last week of school. This year has really flown. As I reflect on my two and a half years as Principal of this school, I am proud to be associated with this community. The way everyone pulls together and celebrates significant events at our school is exemplary and creates a sense of family. This was evident this year through our 150th Anniversary Celebrations, Book Week and our 100 Days of Prep. It is amazing to see the interactions between students at play times and how our student leaders really take their roles seriously.

Thanks

Thank you to Miss Zemunic who capably took on the role of Principal when I had my week of leave.

Mrs Marozzi

Due to increasing enrolments at our school we are no longer able to participate in the MARC Van program, which Mrs Marozzi has been associated with for a number of years. Mrs Marozzi has been an amazing Art teacher for our school and we will be sad to see her go. We thank her for all the work she

has done at our school, particularly with our Art Shows. We will certainly miss her sense of humour. As a result of this, Miss Ninkovic will be our Arts teacher in Term 1 and Mrs Carmichael will take over from her in Term 2 as she returns from Family Leave.

Early Finish

We will be finishing school on Friday 21st December at 1.30pm. There will be a short assembly at 1.20pm to finish the year.

Presentation Night

We hope to see everyone here on Tuesday afternoon at 5.30pm for our annual Presentation Night. There will be a sausage sizzle at 5.30pm and the awards presentations begin at 6.00pm. It is a wonderful opportunity to acknowledge the work of our students and to farewell our Grade 6s. In an effort to be supportive of students who applied or Leadership positions, Student Leaders have been told whether they have been successful in gaining a position prior to the night. They are just not sure which position they have. I thank all students who took the time to apply for positions and encourage them to apply for other leadership positions next year if they were unsuccessful.



Royal Botanic Garden
Excursion

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150th Anniversary – 1868-2018

School News

Principal's Message (continued)

Principal's Message



Grades for 2019

The students met their new teachers and spent time in their grades on Tuesday. It was great to see the way the students got to know each other and started to build relationships with their teachers. Next year we will have seven classes. The teachers will be:

PIA - Miss Bull

PIB - Miss Mundie

PIC - Miss Lane

23A - Mrs Niemiecki

23B - Mrs Lehane

46A - Miss Zemunic

46B - Miss Bencich

PE/STEM - Mr Cassano

Arts - Miss Ninkovic

We are looking forward to a very productive year in 2019.

Wellbeing & Education Support Staff

Angela Mitten will continue in the role of Wellbeing, but she will be here for three days per week in 2019.

Sharon Kenshole will continue in her role as Education Support Coordinator.

Kathy McPake will be working in the P-3 area.

Diane Hanmer will be working across the whole school doing First Aid, Social Skills Programs and support for all students with additional needs.

Rita Ramsay will be working with Miss Zemunic and Brodie Collett will be working with Miss Bencich.

Ms Justice

We thank Ms Justice for her work at our school this year as our AUSLAN teacher. She will be moving on at the end of this year. The students have learnt a great deal from her this year and she has helped to add value to our languages program. We wish her all the best.

Casey Tucker

We thank Casey for all his work as our Groundskeeper in the second half of this year. Casey is leaving us to pursue other interests. We welcome Garry Vella as our new Groundskeeper in 2019.

Holidays

Over the holidays I would appreciate it if you could keep an eye on the school. If you see anything suspicious, please call 000. We will have times during the holidays where cleaners will be present and people will be hiring our gym as per usual, but if you see something that doesn't seem right I would encourage you to call the police immediately. We have worked hard to make the school look great, so it is important to maintain this over the holidays. We don't have any items of value on site, due to past thefts.

On behalf of the staff and students at Rockbank Primary School I would like to wish you all a very safe and happy holiday season. We return to school on Wednesday 30th January 2019 at 8.50am.

Darryl Spiteri

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School News



Angela Mitten

Student Wellbeing
Coordinator



A Word from Wellbeing

The Power of Empathy

One of the top tools in counselling is empathy, some people even say it is a superpower! When a child is struggling emotionally, feels bad or has made a mistake I try to always respond first with empathy. So often, the inclination can be anything but this, I might want to correct them, give advice or point out how many times they have done this before and wonder when they are ever going to get it right! It is so easy to fall into these patterns of responding due to our own upbringing or other modelling that we have been exposed to.

Empathy, Brene Brown says, is the antidote to shame. When children have messed up the last thing they need is additional shame which tells them they are wrong and unlovable. Empathy builds connection, reinforces your relationship, helps regulate brain chemistry and validates the child.

Here's 5 ways to respond with empathy to a hurting child:

Take your child's perspective

Sometimes, in our busy 'adult' lives, the things that children get upset about seem so trivial to us, a lost sock, a broken toy, or a friend who doesn't want to play with them. Try to see the problem through your child's eyes.

Refrain from judgement

This can be a hard one! You may feel that

your child has in fact done something 'wrong'. Hold off on the correcting or advice giving for now and focus on feelings first.

Communicate your understanding of your child's feelings

This can be a glance, or a nod, a knowing smile, or an arm around that says "I get it, I've been where you are now". Empathy is the ability to walk in another's shoes, even if you don't agree with what they've done.

Hold your "BUT"

It is so tempting to acknowledge feelings and then say "but" as in "...yes your feelings were hurt but..." Empathy requires us to sit with the feelings for a bit.

Try "AND" instead

After you have validated the child's feelings they might be ready to move on, problem solve or decide what to do next "and what needs to happen now?" or "and what if this happens again?"

When children have regular experiences of empathy they learn what it looks like, sounds like and feels like. They also learn to have empathy towards others.

This article has been adapted from:

<https://parentingfromscratch.wordpress.com/2013/11/18/five-expressions-of-empathy/>

A video about empathy:

<https://www.youtube.com/watch?v=HznVuCVQd10>

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School News



Announcements

December Birthdays

Happy Birthday to the following students who celebrate a birthday in December



- | | |
|-----------------|-----------------|
| Edward Munroe | Cason Milne |
| Arpna Singh | Gurveer Chouhan |
| Hayden Vella | Alara Yildiz |
| Jett Davies | Abhijay Talluri |
| Jaevon Kadamani | Arnav Gupta |
| Noval-Li Paaka | Diesel Smeaton |
| Kirra Courtice | Jackson Green |
| Noah Houli | |

Botanic Gardens Excursion

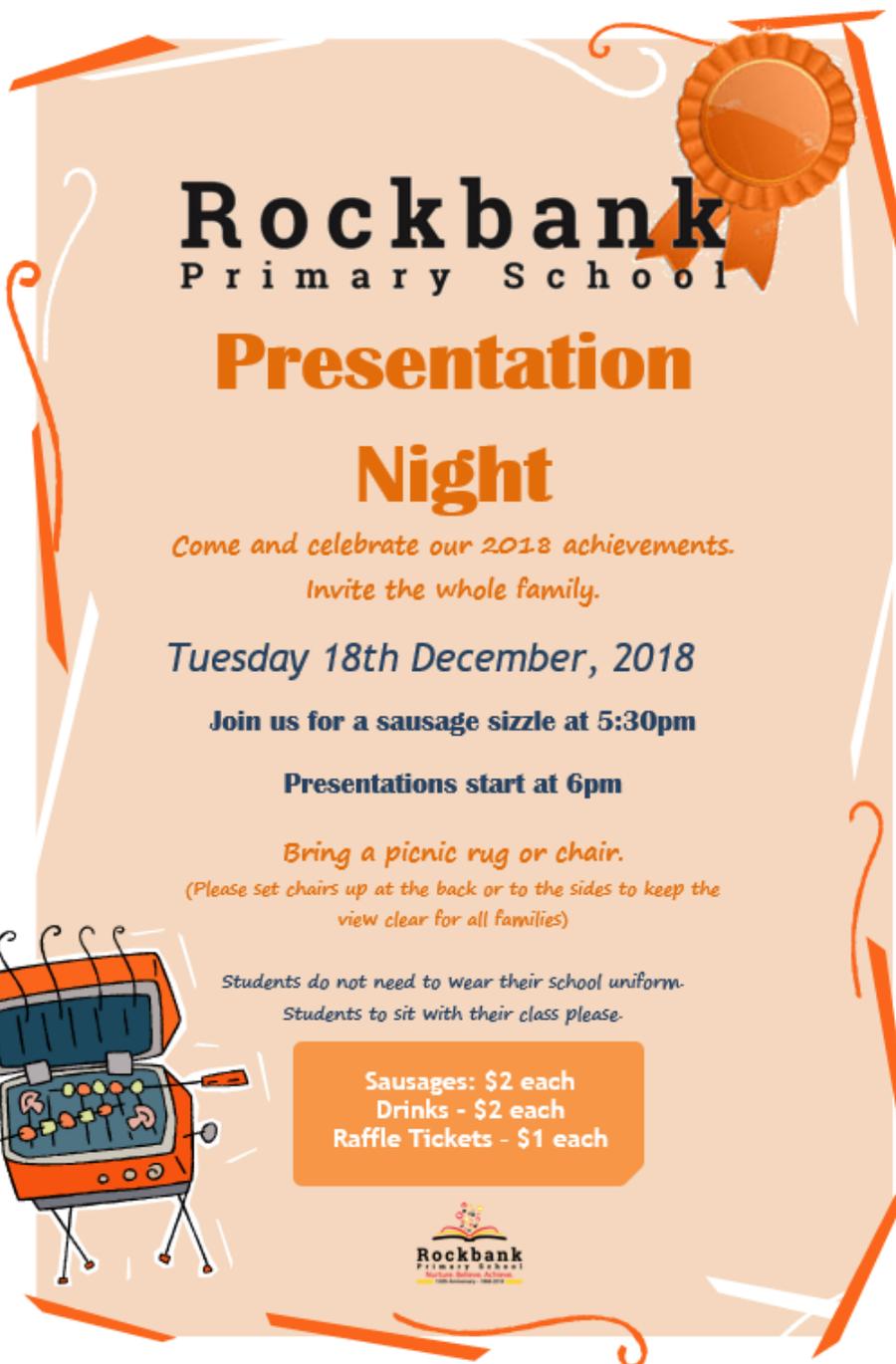


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School News

Whole School Presentation Night



Rockbank
Primary School

**Presentation
Night**

*Come and celebrate our 2018 achievements.
Invite the whole family.*

Tuesday 18th December, 2018

Join us for a sausage sizzle at 5:30pm

Presentations start at 6pm

*Bring a picnic rug or chair.
(Please set chairs up at the back or to the sides to keep the
view clear for all families)*

*Students do not need to wear their school uniform.
Students to sit with their class please.*

Sausages: \$2 each
Drinks - \$2 each
Raffle Tickets - \$1 each



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School News

FlexiBuzz

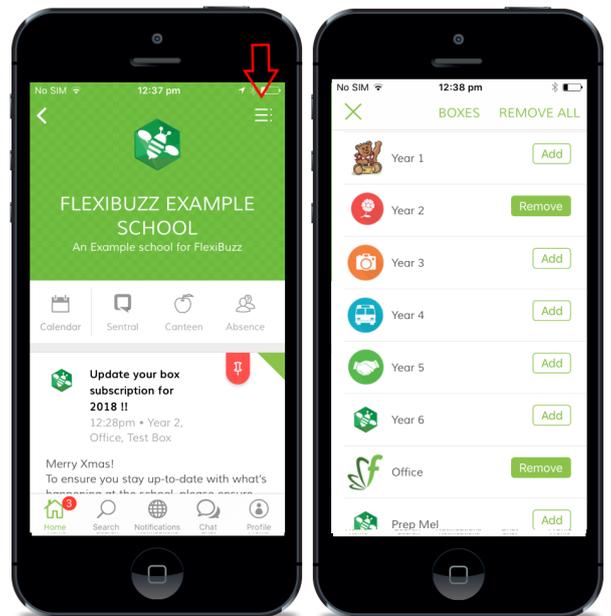


It is time to update your communications groups on FlexiBuzz to reflect your child's year level in 2019.

To ensure you stay up-to-date with what's happening at the school, please ensure you are connected to the correct communication groups for 2019. Please check your box subscription in the app. You can do this by selecting the parallel lines at the top of the newsfeed then add/removing the boxes relevant to the information you wish to receive (see pictured).

For parents who are leaving the school, please remember to unsubscribe from your newsfeed.

Sad to see you go - to no longer receive our communications simply remove yourself from ALL the communication groups.



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School News



DID YOU KNOW?

If your child is sick or absent, you are required to notify the school as soon as possible on the day of absence, by FlexiBuzz or phone.

**EVERY
SCHOOL DAY
COUNTS**

Come to school every day, and on time, and be recognised for your great achievement!



2018 stats at 13/12/18

<p>Our Goal: All students will have at least 95% attendance all year .</p>	<p>Current school wide student average:</p> <p>88% </p>
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Number of students with 100% attendance in term 4

10

 See the next page of newsletter for names of students to go into prize draw.

Year to date classroom statistics	
<p>Blue (Prep—2)</p>	85%
<p>Yellow (Prep—2)</p>	92%
<p>Purple (Prep—2)</p>	89%
<p>Green (3—6)</p>	86%
<p>Orange (3—6)</p>	89%

Class with highest attendance at end of term will be recognised with a class celebration with Mr Spiteri.

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School News

Congratulations to the following class, and individual students, for their great attendance in Term 4.



Come to school every day, and on time, and be recognised for your great achievement!



- Individual Achievements**
- Joshua Davies
 - Christian Mwaura
 - Jahaan Arora
 - Alok Thind
 - Arshpreet Guraya
 - Gurshan Lidher
 - Jhett Henderson
 - Amteshwar Singh
 - Jujhar Singh
 - Maddison Wellington

Classroom Achievement

Congratulations to the Yellow classroom for achieving 92 %attendance this year.

They will be recognised with a class BBQ with Mr Spiteri, next term, Wednesday 19th December.

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Celebrating Our Successes

House Points—Term 4

Following our school values in the classroom, and the yard, is acknowledged with House Points. Our House Captains tally the results at the end of each week.

Missen	4320
Peacock	5110
Fisher	5850
Harrison	8140

Yard Star of the Week

Making great choices in the yard is recognised with our Yard Star awards. Yard Stars are awarded with House Points, and our Yard Star of the week earns extra points for their house and is published in the newsletter and recognised at assembly.

7th December



Avleen Nagra
Fisher House

14th December



Kane Vella
Missen House

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Celebrating our Successes

Students of the Week

A class member from each class is recognised weekly with our Student of the Week Award. This award recognises students who consistently display our school values.



We are Respectful



We are Learners



We Value Togetherness



We are Safe

		Thank you for demonstrating our school values by:	
Grade Prep—2 Yellow Miss Mundie	Jaydrien	taking responsibility for his actions and supporting Miss Mundie. Thanks Jaydrien	
Grade Prep —2 Blue Miss Lane	Braydan	following our classroom rules. keep up the great work.	
Grade Prep—2 Purple Mrs Niemiecki	Jackson	for using your problem solving skills to make 50 cents and \$1 using a variety of different coins. Well done!	
	Gurneer	being a helpful and hard working member of the class. Well done!	
Grade 3—6 Green Miss Zemunic	Jasjit	always being a positive role model and having an optimistic attitude.	
Grade 3—6 Orange Miss Ninkovic	Dokota	supporting other peers both inside and outside of the classroom. Well done Dakota!	
	Devlin	For giving his best, both for Literacy and Numeracy tasks! Well done Devlin.	

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Community News

Rockbank & Aintree Newsletter

January - March 2019



NEW PROGRAMS IN YOUR NEIGHBOURHOOD

Tippy Tippy Tap Tap Dance Workshop (4 – 8 years)	Enjoy the mix of different dances in this workshop Latin, Bollywood, Jazz ...	Pavilion Frontier Park Frontier Ave Aintree	Holiday Activity Thursday 17 January	10.30am - 11.15am Free
Creative Characters Workshop (5 – 12 years)	Kids learn about elements that make a story, create characters, situations and then act them.	Pavilion Frontier Park Frontier Ave Aintree	Holiday Activity Wednesday 23 January	10.30am - 11.30am \$10
Sundowner Garden Group	The Garden Group meets to swap produce & share gardening tips.	Sundowner Caravan Park Western Hwy Rockbank	Tuesday (Fortnightly ongoing)	3pm – 4pm Free
Parents and Bubs Yoga class	Strengthen your muscles while bonding with baby. An activity that benefits parents and bubs!	Pavilion Frontier Park Frontier Ave Aintree	Thursday 7 Feb - 28 March	10.30am - 11.30am \$64 for 8 sessions
Indoor Plants Workshop	Learn about beautiful plants that add to beauty and health in your home.	Pavilion Frontier Park Frontier Ave Aintree	Wednesday 20 February	10.30am - 12pm \$10
Karate Power! (5 – 12 years)	Learn the techniques for self-defence & increase your safety awareness.	Pavilion Frontier Park Frontier Ave Aintree	Wednesday 13 Feb - 3 April	6pm - 7pm \$50 for 8 sessions
Pre-schoolers Yoga (2 – 4 years)	See your kids become calm, self-controlled and relaxed in this class.	Pavilion Frontier Park Frontier Ave Aintree	Thursday 7 Feb - 28 March	9.30am - 10.15am \$50 for 8 sessions
Pickles workshop & BBQ	Learn how to make ready to eat pickles & relishes.	Sundowner Caravan Park	Tuesday 22 January	6pm - 7.30pm Free
Healthy Diet for Vegans & Vegetarians	Learn tips from a qualified dietician the best food to eat!	Pavilion Frontier Park Frontier Ave Aintree	Monday 18 March	5.30pm - 6.30pm \$10

Bookings: Book online via meltonlearning.com.au

Enquiries: Please call Inderdeep 0439 327 716;

Email: Inderdeept@melton.vic.gov.au

W: melton.vic.gov.au

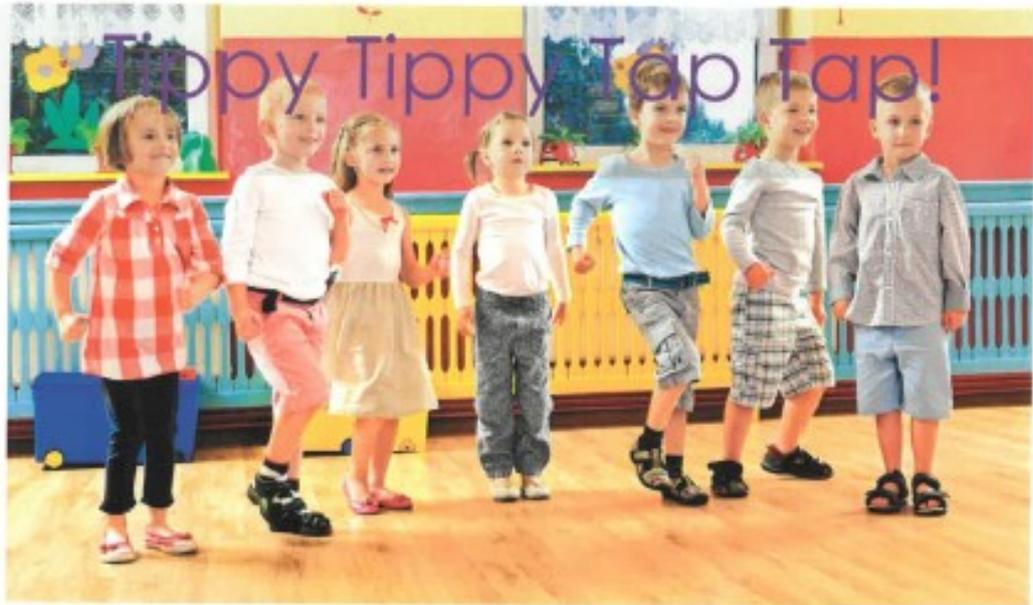
P: 9747 7200



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Let the little feet pitter
patter to different beats!

Jazz, tap, Bollywood and
more...

This program is for 4 - 8 years old.

It teaches them the music of
rhythm and body movements.

It also combines agility with happiness
and fun!

BOOK EARLY! Don't miss out!

DETAILS:

WHEN:

Thursday 17 January

TIME:

10.30am - 11.15am

WHERE:

Pavilion, Frontier Park,
Frontier Ave, Aintree

COST:

FREE

BOOKINGS ESSENTIAL:

meltonlearning.com.au

MORE INFORMATION:

P: 0439 327 716

E: Inderdeept@melton.vic.gov.au



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What have we been learning?

Blue Prep—2 Classroom

Blue Room

On Tuesday we had our Orientation Day for 2019. Here are some of our favourite moments from the day.

-I am in Green Room next year. I loved it when we played scarecrow tigg-Brigid. I am in Green Room next year. I enjoyed playing the maths game 21 and the memory game- Cason.

-I am in Orange Room next year. I enjoyed making an elf –Braydan. I am in Orange Room next year. I liked when we made a Rudolph Christmas card-Guru.

-I am in Blue Room next year. I enjoyed decorating my name – Japji.

-I am in Yellow Room next year. I liked making a Santa and playing number games– Jasleen. I am in Yellow Room next year. I liked making Santa and writing down my friends names- Yusef.

-I am in Purple Room next year. I enjoyed doing a just dance with my friends-Jackson. I am in Purple Room next year. I liked drawing and making a reindeer hand puppet- Imogen.



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