



# Newsletter

FOR YOUR  
DIARIES

ISSUE 12

FRIDAY 9TH AUGUST

## Principal's Message

We are nearly half way through Term 3 and it is very noticeable that our students are making excellent academic progress as concepts start to make more sense. It provides an opportunity for teachers to build on this knowledge and prepare students adequately for their next year of schooling.

### Parent Meetings

Parent meetings will be organised again this term. They are usually on Thursdays. You will receive an Individual Learning Plan, which outlines the work that teachers are doing with your child. If your child takes part in Social Skills programs, you will also receive information about what they have been doing during these sessions at this time.

These meetings are very important for the development of all students, so please ensure that you attend as we have more success where schools and families work together to achieve outcomes.

### Ms Angela Mitten

We say farewell to Ms Mitten on Wednesday next week. She has resigned her position at our school to pursue her Counselling interests.

We thank her for the work she has done for our school and wish her all the best with her business.

For the remainder of this term any Wellbeing inquiries will be dealt with by either myself or Sharon Kenshole. We will hopefully have someone employed to manage wellbeing at the commencement of Term 4.

### Parking

New lines have been sprayed onto the ground in the car park to help make this area safer for our students. Please observe the signs and lines to avoid a fine.

### Principal Day

Last Friday was World Principal Day. I felt very proud to be the Principal of this school with all the wonderful cards, pictures and letters that were written for me. It has now been over 3 years that I have been at this school and I am constantly excited about the direction in which we are headed.

Have a wonderful weekend.

**Darryl Spiteri**  
**Principal**



Our Grade 4–6 students have been designing and building structures in STEM.

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# School News



Irae Savea  
Missen House  
Captain

## Meet Our 2019 Student Leaders

Hi—My name’s Irae and I’m 11 years old. I like to eat, play rugby (sport), hanging out with friends and much more.

When I put in an application for

house captain I didn’t know what to write; I was scared. But I did it and nothing stopped me from it!

My favourite subject in school is

maths. It’s fun and I learn new things that challenge me. I like school because I get to see my friends and have fun with learning.

### REMINDERS FROM THE OFFICE

#### Bank Account details for direct deposits

We encourage any payments to be made via direct deposit,.

**BSB No. 313-140**  
**Account No. 12055616**  
**(Bank Australia)**

Please include the family id (e.g. HAR001) and excursion id (e.g. SWIMMING) in the reference field when making a payment.

## Experiences of Parenting

### Are You A Parent of a Child Aged 2 to 12?

The Parenting and Family Support Centre at the University of Queensland is conducting research into parents’ opinions about parenting and programs available for parents. If you have a child between 2 and 12 years, we would love to hear your views on parenting and the services that are available to you as a parent. You will need to complete a short survey, which will remain open until the 31<sup>st</sup> of August 2019. To find out more or to participate please visit:

<https://exp.psy.uq.edu.au/parenting>



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# School News

## A Word from Wellbeing



### Parenting Supports

Are you interested in developing new parenting strategies? Are you having troubles with your children's behaviour? The City of Melton runs several parenting programs in partnerships.

### 1,2,3 Magic and Emotion Coaching

Melton City Council Family Services runs the 1,2,3 Magic Program at Botanica Springs Community room in Melton. The 1,2,3 Magic program aims to teach parents how to deal with their children's difficult behaviour by using an easy to learn and easy to use signalling system. It supports parents to:

- handle challenging and testing behaviours
- choose a strategy using the three choice model
- use emotion coaching to encourage good behaviour.

This program is FREE and is suitable for parents with children aged from 2-12 years.

For more information and bookings, please contact Joanne on 9747 7200 or via email: [familyservices@melton.vic.gov.au](mailto:familyservices@melton.vic.gov.au).

### Tuning Into Kids

A parenting program for parents of children aged 3-10 years. For many parents, connecting with children during emotional moments can be the most rewarding but also the most challenging part of parenting. This program assists parents to better understand emotional intelligence and how they can use emotion coaching to support their children to:

- understand and manage their emotions

- improve behaviour, concentration and resilience
- develop positive and lasting relationships

This program runs at various times through the year.

For more information on all parenting programs, contact our Family Services on 9747 7200 or via email: [familyservices@melton.vic.gov.au](mailto:familyservices@melton.vic.gov.au)

### Other organisations that can help with parenting:

Child First - 1300 138 180

Melton Health's Adolescent and Young Adult Program - 8746 1100

Royal Children's Hospital Mental Health Service - 1800 44 5511

I'll just finish with the news that this will be my last 'Word from Wellbeing' at Rockbank Primary. It has been a long-term dream of mine to work in private practice as a counsellor. For some time now I have been developing my Counselling and Consultancy business on a part time basis. The business has now grown to the point where I need to commit more time and have therefore made difficult, scary yet exciting decision to finish up in my work as Student Wellbeing Coordinator. I've really loved my work at Rockbank Primary School and appreciate the connections that I've made with many students, parents and community members. I have learnt many new skills and hopefully brought some new skills to the Rockbank Primary community. I wish everyone a very safe and productive end to 2019.

*Cheers*

**Angela Mitten**

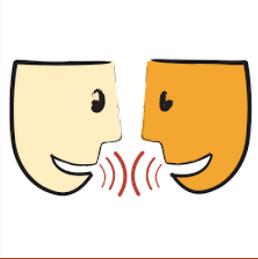
**Student Wellbeing Coordinator**

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# School News

## Social Skills



Effective communication, the foundation of social success, consists of many distinct skills. At school, we do different activities to help children communicate who they are to others and learn the skills that are so important in forming friendships.

Social communication is a language and children are born with differences in their ability to learn this language, just as they have other learning differences. But with practice and encouragement, effective communication can be taught.

To help children learn the skills involved in making an initial connection with other children. Children need to know how to introduce themselves, how to develop a personal dialog with one child, and then how to maintain a conversation in a group. Many children who have problems in social skills choose the wrong tactics for interacting with other children. They may brag and try to get the attention of others, an approach that can often lead to group rejection. Other children may hang back, just observing the group, which may result in them being ignored.

The more that parents and teachers model and encourage good communication skills in children, the more quickly these skills will be learned. The following is a simple activity that can be practiced at home or at school.

### Introducing Yourself

### ACTIVITY 4

**Learning Objective:** To teach children the proper way to introduce themselves

**Skill:** Making friends

**Tell the group:**

*There are specific steps that people usually follow when they introduce themselves to others. When people are meeting for the first time, it's polite to tell each other their names. They try to appear friendly and interested in the person they are meeting. Grownups usually shake hands too. First impressions make a difference, so when you meet someone new:*

- Stand up
- Look the other person in the eye
- Smile
- Say, "Hi. I'm \_\_\_\_\_."

Choose two children to role-play introducing each other. Then ask each child to choose another person and introduce one to the other, until the entire group has been introduced.

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# School News

## School Fundraising



**ROCKBANK PRIMARY SCHOOL**



**FUNDRAISER DISCO**

**This year we have a professional DJ**

**DJ Jords**

We will be holding a disco on Friday 16<sup>th</sup> August from 6.00pm – 8.00pm in the hall.

**All students and family welcome.**

\$10.00 per person – Includes entry, a drink, packet of chips and two glow sticks.

Drinks, Glow sticks and packets of chips will be available for purchase on the night \$1.00 each.

**Payment can be paid prior to disco**

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# School News



## School Production

### Rockbank Primary School

presents

## Sing a Song of Sixpence

Rockbank Primary School's biennial whole-school production is based on the beloved nursery rhyme *Sing a Song of Sixpence*. This classic rags to riches story is full of lively characters, hilarious jokes and fantastic songs and dances!

**Date:** Thursday October 31<sup>st</sup> 2019

**Time:** 6:30pm (with intermission)

**Venue:** Quin Auditorium  
Darnley Street, Braybrook  
(located at Caroline Chisolm College)

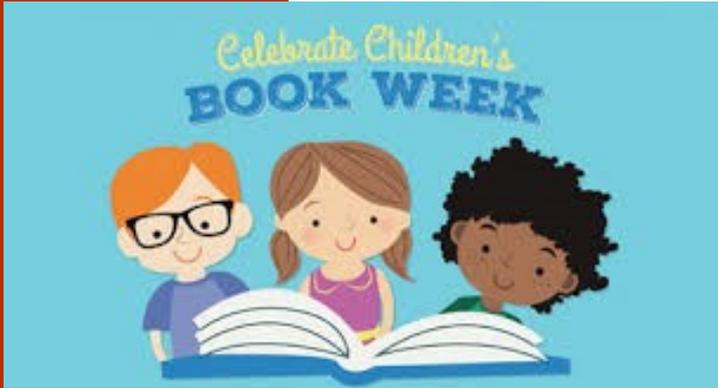
**Ticket Info:** To be advised

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# School News

## Book Week & Book Fair



This term we will be celebrating Book Week! It is held during the week of August 26th, 2019. This year's theme is 'Reading is my SECRET power!' During Book Week, we will be participating in lots of school wide fun reading activities. On Wednesday 28<sup>th</sup> August, we will be hosting a Book Week dress up parade. Your child is invited to dress up as one of their favourite book characters for the day. Teachers and staff will also be participating in dressing up. There will be competitions and prizes for the best-dressed students on the day. Costumes can be purchased from stores such as Big W, Kmart, Spotlight and some \$2 shops or online or if you feel like getting creative, you can make your own costume. We cannot wait to celebrate all things reading with you during this great day!

**Book Fairs**

Check-out these **DINO-MITE NEW BOOKS**

EVERY PURCHASE YOU MAKE EARNS LEARNING AND LITERACY RESOURCES FOR OUR SCHOOL!

Date 26th - 30th August Place School reception & entry  
 Time Before (8:30-8:50am) & AFTER (3:15-3:30pm) SCHOOL

CHOOSE FROM A HUGE SELECTION OF BOOKS AT THE FAIR!

SCHOLASTIC



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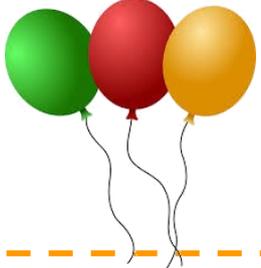
# School News



## Announcements

### August Birthdays

Happy birthday to the following students who celebrate a birthday in August.

- |                  |                   |  |
|------------------|-------------------|--|
| Deekshita Dandu  | Kaitlyn Sarmiento | Thor Fitzgerald  |
| Arshpreet Guraya | Harnoor Dhillon   | Gurneer Chohan   |
| Gian Mann        | Mia Middling      |  |
| Anneliese Kolak  | Mia Harris        |  |
| Brigid Vella     | Janver Vicencio   |  |

## Mobile Phone Policy

Please be reminded of our mobile phone policy:

*If a mobile phone is required for the reasons of safety for travelling to and from school the child will be required to deliver the phone to the School Office for safe keeping until the end of the school day.*



This is now also a Department of Education and Training policy, requiring all students in Victorian state primary and secondary schools to switch off their mobile phones and store them securely from the start of the day until the final bell.

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# School News



## School Wide Positive Behaviour Support

### FAQ's

#### 1. What is Positive Behavioural Interventions and Supports?

Implementation framework for maximising the selection and use of evidence-based prevention and intervention practices along a multi-tiered continuum that supports the academic, social, emotional and behavioural competence of all students.

#### 2. What do students and educators gain in SWPBS schools?

- All students develop and learn social, emotional, and behavioural competence, supporting their academic engagement.
- All educators develop positive, predictable, and safe environments that promote strong interpersonal relationships with students through teaching, modelling, and encouragement.

#### 3. What do students and educators experience when SWPBS is implemented with fidelity?

- Reductions in major disciplinary issues and aggressive behaviour.
- Improvements in emotional regulation.
- Improvements in academic engagement and achievement.
- Improvements in perceptions of school safety.
- Reductions in reported bullying behaviour.
- Improvements in perceptions of school climate.

*SWPBS implementation involves explicitly prompting, modelling, practicing, and encouraging positive expected social skills across settings and individuals. When students are taught to effectively use relevant expected social skills for themselves and with others, school climates are described as more positive, learning environments are designated as safer, and student-educator relationships are referred to as more trusting and respectful.*

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# Celebrating Our Successes

## House Points—Term 3

Following our school values in the classroom, and the yard, is acknowledged with House Points. Our House Captains tally the results at the end of each week.

<b>Missen</b>	<b>7480</b>
<b>Peacock</b>	<b>5010</b>
<b>Fisher</b>	<b>7550</b>
<b>Harrison</b>	<b>4760</b>

## Yard Star of the Week

Making great choices in the yard is recognised with our Yard Star awards. Yard Stars are awarded with House Points, and our Yard Star of the week earns extra points for their house and is published in the newsletter and recognised at assembly.

2nd August



**Braydan Bloor**  
Peacock House

9th August



**Livon Selman**  
Missen House

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# Celebrating our Successes



We are Respectful



We are Learners



We Value Togetherness



We are Safe

## Students of the Week

A class member from each class is recognised weekly with our Student of the Week Award. This award recognises students who consistently display our school values.

Class	Week Ending : 2nd August	Week Ending: 9th August
Prep/1 Yellow Miss Mundie	Ekam Bhowan	Mary Dar Tin
Prep/1 Blue Miss Bull	Harman Waraich	Avinoor Kaur
Prep/1 Purple Miss Lane	Maya Kularathna	Avleen Nagra
2/3 Orange Mrs Niemiecki	Isabel Ingram	Ekamveer Singh
2/3 Green Mrs Lehane	Madison Courtice	Cason Milne
3/4 Red Miss West/Ms Carmichael	Edward Munroe	Sukham Thakur
4—6 Gold Miss Zemunic	Lerraine Linning	Daniel Farrugia
4—6 Silver Miss Bencich	Tanya Rayabarapu	Aiden Mwaura

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# School News

**EVERY  
SCHOOL DAY  
COUNTS**

Come to school every day, and on time, and be recognised for your great achievement!



We will continue to recognise great attendance in term 3. Let's see if we can reach our 95% goal.

## 2019 stats at 08/08/2019

<p><b>Our Goal:</b></p> <p>All students will have at least <b>95%</b> attendance all year .</p>	<p><b>Current school wide student average:</b></p> <p><b>87%</b> </p>
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Number of students with 100% attendance in term 3

**48**

Names of students to go into a raffle for a prize to be announced at the last assembly of the term.

Term 3 classroom statistics	
Blue (Prep/1)	82%
Yellow (Prep/1)	85%
Purple (Prep/1)	93%
Green (2/3)	87%
Orange (2/3)	81%
Red (3/4)	88%
Silver (4-6)	90%
Gold (4-6)	91%

Class with highest attendance at end of term will be recognised with a class celebration with Mr Spiteri.

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# Community News

A recruitment poster for the Falcon Rebels Basketball Club. The background is a dark basketball court with a basketball hoop and backboard in the distance. In the foreground, a basketball sits on the wooden floor. A large red circle in the upper right corner contains the text 'SUMMER SEASON 2019 - 2020 RECRUITING NOW'. In the upper left, a cartoon eagle mascot is shown in a red jersey with 'FALCON REBELS' on it, holding a basketball. The main text in the center reads 'FALCON REBELS BASKETBALL CLUB IS LOOKING FOR NEW PLAYERS Under 8's to Under 18's'. At the bottom, contact information is provided: 'FOR MORE INFORMATION EMAIL: falconrebelsbasketball@hotmail.com OR CALL 0420 920 230'.

**SUMMER SEASON  
2019 - 2020  
RECRUITING NOW**

**FALCON REBELS  
BASKETBALL CLUB  
IS LOOKING FOR NEW PLAYERS  
Under 8's to Under 18's**

FOR MORE INFORMATION EMAIL: [falconrebelsbasketball@hotmail.com](mailto:falconrebelsbasketball@hotmail.com)  
OR CALL 0420 920 230

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# What have we been learning?

## Red—3/4 classroom

This term we have opened up a new classroom – Red Room. There are Years 3 and 4 students in Red room. The teachers are Mrs Carmichael (Tuesdays and Wednesdays), Ms West (Mondays, Thursdays and Fridays) and Kathy. The students have settled in well and have been enjoying getting to know their new classmates and teachers.



Red room is really fun but you still learn heaps. **Chazney**

We try hard to show all the school values. **Jacintia**

We get a lot of superstars. **Jujhar**

Red Room is just right for me and suits me. **Edward**

Red room completes their learning quickly. **Marisa**

Red room shows respect. **Kiarah**

Red room always helps others in the classroom. **Alannah**

In Red room, I have lots of friends and I have two kind teachers.  
**Jasmeen**

Red room is really respectful. **Sanjana**

Red room is the greatest room in the world. **James**

I like red room teachers. **Tilat**

I've made new friends in red room. **Tripjot**

Red Room is sensible. **Ash**

Red room students are always kind to each other. **Ashveer**

Red room is an awesome class and the people in it help me all the time. **Jacob**

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