



Newsletter

ISSUE 3

FRIDAY 6TH MARCH

FOR YOUR DIARIES

LABOUR DAY PUBLIC HOLIDAY

Monday 9th March
(no school)

MPSSA LIGHTNING PREMIERSHIP

Friday 13th March
(grades 4—6)

NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE

Friday 20th March

Principal's Message

It has been a busy two weeks since our last newsletter. Our Foundation students are now at school every day and they have settled in remarkably well. We have experienced a visit from the Western Bulldogs and our 4-6 students have participated in District Swimming and Interschool Sport activities.

Bullying. No Way!

The National definition of bullying for Australian Schools says, "Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm..."

At Rockbank Primary School we work hard to eliminate bullying. We acknowledge that things still happen at school between students and we encourage you to speak to your child about the strategies that they are taught and also to speak with teachers or the Principal team if you feel further intervention may be necessary. In the majority of cases situations can be dealt with sensibly once staff at the school are informed. It is our goal for every child to feel safe and respected at school. For this to happen everyone needs to subscribe to the same message of Respect and Safety.

Our students engage in Respectful Relationship and Values lessons each week and we also have a group of students

who are taught Social Skills, Zones of Regulation and resilience. Our Well-being Centre assists students who might be feeling frustrated to refocus their attention and return to class in a calmer state.

On Friday 20th March we will complete some whole school activities to highlight that bullying is not acceptable.

You can find further information at www.bullyingnoway.gov.au.

Harmony Day

Further to our commitment to creating an inclusive environment at Rockbank PS we will be celebrating Harmony Day on Thursday 26th March. Students are encouraged to wear National costumes or the colour orange to symbolise harmony and diversity. This is a wonderful opportunity to celebrate the rich multi-cultural backdrop to which Rockbank is now being evolving.

Parking

Please ensure you follow all signage around the school. There have been several parents still parking in the three waiting bays at the front of the school. Doing this holds up traffic into the street, which stops the natural flow of traffic at pick up and drop off times.



Public Holiday Monday

A reminder that Monday is a public holiday and students are not required at school. We trust you will enjoy the extra time with your families this long weekend.

Have a wonderful long weekend.

Darryl Spiteri

Principal



We are a sun smart school. Hats are compulsory in Terms 1 & 4 and children have them on whenever they are outside.

Nurture. Believe. Achieve.

EST 1868

School News

Meet Our New Staff



Mrs Georgievski
Specialist Teacher
The Arts

Hi everyone,

I am so excited and proud about being the Arts teacher at Rockbank Primary. I have a passion for teaching and learning. I'm having a lovely time working and learning with the students and staff. Thank you to staff, students and parents/guardians for making me feel so welcome. A few things about me;

- I have been a teacher since 2005!
- I have two children. My daughter Emma is 9 and my son Thomas is 4.
- I love to sing and dance.
- Almost a qualified Personal Trainer.
- I have a sweet tooth and love chocolate. I

love baking anything sweet.

- I love spending time with family and friends.

Thank you to everyone for your support. I'm excited about the year ahead.

Mrs. Georgievski.

The Arts

REMINDERS FROM THE OFFICE

Bank Account details for direct deposits

We encourage any payments to be made via direct deposit,.

BSB No. 313-140
Account No. 12055616
(Bank Australia)

Please include the family id (e.g. HAR001) and excursion id (e.g. SWIMMING) in the reference field when making a payment.

Privacy Policy

The Schools' Privacy Policy describes how schools collect and manage personal and health information, consistent with Victorian privacy law and Department policy. There is a link to the policy on our school website under 'Information/School Policies and Plans. Please also find the link below.

<https://www.education.vic.gov.au/Pages/schoolsprivacypolicy.aspx>

Please also find a link for further supporting information for parents and families.

<https://www.education.vic.gov.au/Pages/Schools-Privacy-Policy-information-for-parents.aspx>

Nurture. Believe. Achieve.

EST 1868

School News



Christopher Daxecker
Assistant Principal/
Primary Welfare

A Word from Wellbeing

WELLBEING: 'STRATEGIES ON HOW YOU CAN SUPPORT YOUR YOUNG ONES LEARN AND GROW'

Use 'I noticed' Feedback

Parents can use 'I noticed' feedback for positive and negative behaviours. The number of comments made to kids that begin with the phrase 'I noticed', shape behaviour powerfully. For example, 'I noticed you like to draw', 'I noticed you are really trying hard to...', 'I noticed you're reading a good book'. Believe me, they will notice that you have noticed! Parents can use this to calmly draw attention to negative behaviours. For example, 'I notice you are up when you are supposed to be asleep' or 'I notice that you are feeling upset right now'. This gives kids a chance to explain their actions or comply with parents' wishes.

Praise Effort More Than Ability

Tell your kids that they are geniuses but they don't know it yet. It's good to know that your parents think you are wonderful. Then focus most of your comments on effort. For example, 'You really worked hard at that well done!', 'I noticed you really tried your best at that, I'm impressed', or 'Wow, your practice seems to be really paying off'.

Mistakes are Opportunities to Learn

If a child thinks they didn't do well at something because they lack intelligence, they give up. When they can see they are on a pathway of improvement they persist.

Dealing with Set Backs

No one really enjoys making mistakes. If we don't learn from our mistakes we are destined to repeat them. It is hard to keep your enthusiasm up when you've not been selected for a dance team or a drama part or a sports team or failed a test at school.

Parents can help kids by helping them to analyse mistakes. Some questions used to review a setback are:

- 'Okay, so you didn't do as well as you would have liked. Let's see if we can learn from this? What parts of it did you do well?'
- 'What parts of it didn't go as well as you hoped? How much work would be involved in getting better at those parts?'
- 'Would you change the way you prepared for it next time? In what ways?'
- 'I know you can do better at this if you want to. Do you want to try again?'
- 'How can I help you with this?'

How to Talk With Them About Successes

Kids want their parents' approval. The way you provide praise will shape their future efforts. Let them know you are proud of them. Try to include in your delight at their success a comment on the effort that went into their success.

For example:

- 'I am so proud of you for getting that A, I know how much work you put into that project.'
- 'You were great today. All that practice has really paid off. I'm proud of you.'
- 'Wow, when you put your mind towards something you really work hard and get it. That's great.'



Nurture. Believe. Achieve.

EST 1868

School News



Announcements

March Birthdays

Happy birthday to the following students who celebrate a birthday in March

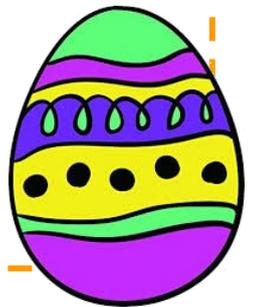
Aria Joshi	Gabriel Diyago	Aiden Mwaura
Kiarah Pace	Athan Nguyen	Harman Waraich
Japman Dhaliwal	Ethan Nguyen	Annalise Romeo
Tristan Cutting	Siera Spiteri	Wasi Shah
Mannat Kaur	Gracy Nguyen	Max Faleauto
Kaiden West	George Taufu	Mannat Mannat
Emilee Harrison	Ashnoor Bajwa	Vihaan Reddy Bojja
Arsheen Bindra Kaur	Shiven Thapar	Benjamin Carew
Ekam Bhowan Singh	Aajoy Bains	

Easter Raffle

Donations Please!

It's almost time for our annual Easter raffle. Being a small school we are always appreciative of the generosity of our parents and friends.

Any donations (e.g. eggs, baskets etc.) to help make up our raffle prizes, would be much appreciated.



Nurture. Believe. Achieve.

EST 1868

School News



National Day of Action against Bullying and Violence

Friday 20 March 2020
www.bullyingnoway.gov.au

Dear parents

At Rockbank Primary School we aim to create a safe and supportive school community for everyone.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

Friday 20th March is the National Day of Action Against Bullying and Violence. We have registered to support this day and will be doing activities in class to learn how we can all help take a stand against bullying. Below are some tips for parents.

If your child talks to you about bullying:

Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.

Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.

Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. As well, please feel free to contact the school if you would like to discuss any aspect of our approach to preventing bullying.



Nurture. Believe. Achieve.

EST 1868

School News



OUTSIDE SCHOOL HOURS CARE



Big Childcare is excited to be partnering with Rockbank Primary School from 29 January 2020, to offer fantastic Outside School Hours Care to families who require this service for their children. Our team will be providing Before School, After School and Curriculum Day Care onsite at your school.

Our educators focus on the individual needs and interests of children, by offering stimulating activities such as craft, cooking, gardening, sports activities, indoor/outdoor play and much more... We are committed to ensuring that children in our care have fun and enjoy being part of an engaging and safe program.

Big Childcare will operate before school, where breakfast is provided prior to 8am and after school, where a healthy but tasty afternoon snack is on offer.

BIG SAVINGS

If you are interested in using our service, please contact Centrelink on 136 150 ASAP to learn more about how child care through Big Childcare could cost you less, through the government's Child Care Subsidy or visit www.humanservices.gov.au/individuals/services/centrelink/child-care-subsidy.

BEFORE CARE
6.30AM to 8.30AM
\$20.00

AFTER CARE
3.15PM to 6.30PM
\$22.00

Add \$2.00 extra for a casual booking
Pricing before CCS discount



MORE INFORMATION COMING SOON...

More information about our service will be available in coming days... but until then please also visit us on Facebook www.facebook.com/bigchildcare/

enrolments@bigchildcare.com | 8682 9400 | bigchildcare.com

Nurture. Believe. Achieve.

EST 1868

School News

Harmony Day—March 26



HELP US CELEBRATE AUSTRALIA'S CULTURAL DIVERSITY THIS HARMONY DAY.

- Harmony Day is about inclusiveness, respect and a sense of belonging for everyone
- Our diversity helps make Australia a great place to live.
- We enjoy different cultures, foods, ideas, minds, music and art that come from all over the world.

To celebrate, all students and staff are encouraged to come to school dressed in traditional cultural clothing or the colour orange.

There will be a 9am parade outside. All families are welcome.



Nurture. Believe. Achieve.

EST 1868

Our Values Focus

As part of our SWPBS model at Rockbank Primary School, we teach our school wide expectations. Teaching is more than the initial instruction alone; we provide frequent opportunities for practice in the relevant context. As part of this focus, we have a concentrated focus on specific expected behaviours each fortnight. **Over the next fortnight, our values focus is:**



**WE ARE
RESPECTFUL**
during
communication

- Inside voice
- Use kind words
- Listen to others



We Are Respectful



We Are Learners



We Value Togetherness



We Are Safe

Celebrating our Successes

House Points—Term 1

Following our school values in the classroom, and the yard, is acknowledged with House Points. Our House Captains tally the results at the end of each week.

Missen	11,190
Peacock	20,280
Fisher	15,410
Harrison	11,080

Nurture. Believe. Achieve.

EST 1868

Celebrating our Successes



We are Respectful



We are Learners



We Value Togetherness



We are Safe

Students of the Week

A class member from each class is recognised weekly with our Student of the Week Award. This award recognises students who consistently display our school values.

Class	Week Ending: 28th February	Week Ending: 6th March
F1A Miss Lane	Gayansa Hewage	Sehaj Masoun
F1B Miss Andrews	Fateh Brar	Harvir Singh
F1C Miss Bull	Junior Benjamin	Avinoor Kaur
F1D Miss Bencich	Siera Spiteri	Belle Watt
F1E Miss Donoghue	George Taufa	Olivia West
23A Mrs Lehane	Jackson Green	Sarah Farrugia
23B Ms Healy	Tienna West	Max Faleauto
23C Ms Ninkovic	Navjit Singh	Sharandeep Kaur Sahej Aulakh
46A Miss Zemunic	Tilat Shah	Aiden Mwaura
46B Miss Brne	Wasi Shah	Hutch Faleauto
46C Miss West	Akanksha Prakash	Emilee Harrison

Nurture. Believe. Achieve.

EST 1868

**EVERY
SCHOOL DAY
COUNTS**

It's Not OK To Be Away



If your child is sick or absent, you are required to notify the school as soon as possible on the day of absence, by FlexiBuzz or phone.

Come to school every day, and on time, and be recognised for your great achievement!



2020 stats at 05/03/2020

<p>Our Goal:</p> <p>All students will have at least 95% attendance all year .</p>	<p>Current school wide student average:</p> <p>81% </p>
-------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------

Number of students with 100% attendance so far in term 1

62

Names of students to go into a raffle for a prize to be announced at the last assembly of the term.

Term 1 Classroom statistics

F1A—Miss Lane	69%
F1B—Miss Andrews	82%
F1C—Miss Bull	82%
F1D—Miss Bencich	83%
F1E—Miss Donoghue	86%
23A—Mrs Lehane	87%
23B—Ms Healy	86%
23C—Ms Ninkovic	83%
46A—Miss Zemunic	78%
46B—Miss Brne	75%
46C—Miss West	85%

Class with highest attendance at the end of term will be recognised with a class celebration with Mr Spiteri.

Nurture. Believe. Achieve.

EST 1868

Community News



Enrolling into Secondary School

State Secondary Schools in Melton work closely together to provide each and every student in our schools with an enriched and positive experience. We pride ourselves in the quality education we provide.

All government schools are bound by the Department of Education Neighbourhood Schools Policy to guide enrolments. For families seeking enrolment of their children into a state secondary school, the following guiding principles underpin the policy, enrolment process and requirements.

The Neighbourhood Schools Policy seeks:

- To provide each child with the right to a place in a designated neighbourhood school.
- Enrol students with a sibling at the same school at the same permanent address who are attending school at the same time.
- To contain enrolments in each school within the limits of available resources.

If you are unsure of which is your designated neighbourhood school, please visit: <https://www.findmyschool.vic.gov.au>

**2020 Secondary School
Transition Information
Evening
Tuesday 17 March 2020**



KURUNJANG SECONDARY COLLEGE

Kurunjang Secondary College's vision of achieving success for our community through respect, responsibility and collaboration encapsulates the essence of the 21st Century of instilling in students the need to constantly evaluate new knowledge, work innovatively with peers, think flexibly in an international setting, and value diversity.

Our culture of Learn, Grow, and Achieve Together ensures our students demonstrate our values of Respect, Achievement and Responsibility.

The AVID (Advancement Via Individual Determination) program offers an enriched learning environment with classes operating from Years 7 to 10. AVID is an evidence based system, designed to critically engage and prepare students for tertiary education.

Transition Evening

Tuesday 17th March 6pm- 7pm



MELTON SECONDARY COLLEGE

Melton Secondary College STARR Values, Success, Teamwork, Ambition, Respect and Responsibility are visible in every classroom and wherever students are learning.

A strong focus on literacy and numeracy and a broad range of programs in Science, the Arts and Sport, ensures that every student is deeply engaged in their learning. Our STARR Connect pastoral program ensures that every student is known and supported as they develop the critical skills for learning and living.

Melton Secondary College, Academic Excellence is not just a motto, the results speak for themselves. Over the past four years, our results have continued to grow reflecting the academic success of students in all year levels.

Transition Evening

Tuesday 17th March 6pm-7pm



STAUGHTON COLLEGE

At Staughton we foster a culture where ambition meets excellence. This is a culture where students develop academically, socially and personally to become the best versions of themselves, through a focus on teaching about effort, learning and respect. Students are actively engaged in their passions and interests, both inside and outside the classroom.

Our Select Entry Accelerated Learning (SEAL) program, as part of The Academy Of Accredited SEAL Schools, is available to cater for our gifted, talented and high achieving students.



Transition Evening

Tuesday 17th March 6pm-7pm



Nurture. Believe. Achieve.

EST 1868

Community News

Vacation Care Program Autumn 2020



Program Details

Who

The program is open to all primary school aged children.

Program Hours

6.30am – 6.30pm.

Monday to Friday, during school holidays.

Location

Bridge Road Children's & Community Centre
260 Bridge Road, Strathulloh.

Cost

\$72.50 per day (prior to Child Care Subsidy being applied)
Excursions and Incursions will incur an additional cost.

Enrolment Opens

8.30am Monday, 2 March 2020

Enrolments Close

5.00pm Friday, 20 March 2020

Bookings submitted after this date will only be accepted at Supervisor's discretion and incur a \$22 late enrolment fee

Contact

E: vacationcareprogram@melton.vic.gov.au

Ph: 9747 7200

Website: melton.vic.gov.au/vacationcare

Monday, 30 March

Wheels Day

Bring in your favourite wheels from home to ride on.
Remember, no helmet = no riding!

Tuesday, 31 March

Incursion Charge \$23.00

Hip Hop Dance

Start 10:00am

Get ready to dance, dance, dance as we learn cool hip hop moves.

Wednesday, 1 April

Excursion Charge \$33.50

Werribee Open Range Zoo

Depart 8:00am Return 4:00pm

Let's go on safari and learn about animals' great and small.

Thursday, 2 April

Nature Play

Celebrate Nature Play Week with outdoor activities and lots of hands on nature play.

Friday, 3 April

Vacation Care Bake Off

Aprons on, oven milts out. A full day of baking and decorating in the kitchen.

Monday, 6 April

Incursion Charge \$23.00

Pottery Day

Start 10:00am

It's time for sculpting, shaping and creating. A special guest will teach us how to create something to take home.

Tuesday, 7 April

Sports Day

Ready, set, fun! Today is all about team work and being active.

Wednesday, 8 April

Excursion Charge \$33.50

Flip Out & Frontier Park

Depart 8:00am Return 3:00pm

Get active and jump around, but don't forget your socks. Then it's off to play at Frontier Park in Alintree.

Thursday, 9 April

Hop To It

The Easter Bunny is almost here so let's celebrate before jumping into the long weekend.

Friday, 10 April

Program Closed - Good Friday Public Holiday

* Activities are subject to change

BOOK EARLY! Don't miss out!



melton.vic.gov.au
9747 7200
cityofmelton



Nurture. Believe. Achieve.

EST 1868

Community News



TIMBERTOP CHILDEN'S AND COMMUNITY CENTRE

LEARN TO PLAY KHO KHO

Kho Kho is a form of the game Tag, and an ancient traditional Indian sport. Up to 9 players from each team take the field, and either Chase or Defend. Like tag, the aim of the game is to tag as many people as possible faster than the other team.

Learn more about this game after enrolling.

Kho Kho is suitable for children aged 8-12 years.

WHERE: Tennis Courts near Timber Top Community Centre
Fields Street, Aintree
DATE: Wednesday 11 March 2020
TIME: 5:30pm – 6:30pm
COST: FREE
BOOK: meltonlearning.com.au
INFO: Inderdeep Thapar - 0439 327 716
Inderdeept@melton.vic.gov.au



Nurture. Believe. Achieve.

EST 1868

Community News

**Kids
Dance
Classes**

CALL NATALIE: 0403 683 989



FUN AND AFFORDABLE!

DANCE AND AEROBICS CLASSES FOR
PRE-SCHOOL AND PRIMARY AGED
CHILDREN IN ALL STYLES OF DANCE.

FREE TRIAL

LOCATED AT ROCKBANK PRIMARY
SCHOOL HALL

Taking enrolments now for 2020

www.thestudiopas.com.au | facebook.com/thestudiopas

Nurture. Believe. Achieve.

EST 1868

Our Values Focus



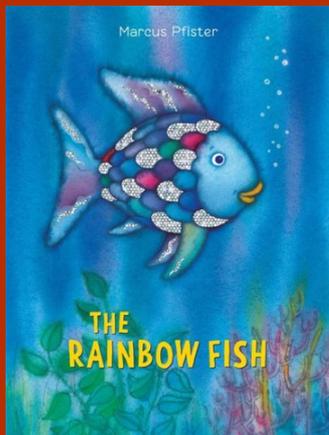
We are Respectful: Outside

by Miss Ninkovic and 23C

We use the bins! We don't litter. Rockbank Primary will be clean, shiny, and shimmering just like the Rainbow Fish!



We follow the game rules! In the Gaga pit we play fairly, we follow the rules, and we listen to the umpire. When we share, we have more fun just like the Rainbow Fish!



We are on time to class! We make sure we go to the toilet during play time. We know it's important to be in class on time so we don't miss out of any learning. The Rainbow Fish learnt an important message, we too need to be in class on time to not miss out on any of our precious learning.



We put equipment away! When we finish playing, we make sure we respect our equipment by returning it to the right place and packing it away nicely. This way it is ready for the next person to use. The Rainbow fish teaches us that when we share and think of others we make everyone happy!

Nurture. Believe. Achieve.

EST 1868