



# Newsletter

ISSUE 15

FRIDAY 30TH OCTOBER

## FOR YOUR DIARIES

### TUESDAY 3RD NOVEMBER

Melbourne Cup Public Holiday

(Student free day)

### THURSDAY 11TH NOVEMBER

Remembrance Day

(a minutes' silence will be observed at school at 11:11am)

### MONDAY 16TH—FRIDAY 20TH NOVEMBER

Book Fair

## Principal's Message

As we approach the Melbourne Cup holiday, things are speeding up at school as we head towards the finish line for 2020. As I expressed in the previous newsletter, it is wonderful to have the students back at school and to see them all learning in their classrooms. We want to see everyone at school every day and on time, but we would ask that you please remember to keep your children at home if they are sick.

### Masks

It is a State Government requirement that all adults continue to wear masks, especially around schools. Please ensure you are wearing a mask when coming onto the school grounds. Parents who do not have one on will be given a disposable mask and will not be permitted to enter the school grounds if they are not wearing one.

### End of year celebrations

As we are unable to have large outdoor gatherings, the end of year activities will look different this year. We are disappointed that we cannot have our usual Awards Night using the same format we have come to know and enjoy, but we are working on ways to ensure that these activities can still happen remotely. More details about these celebrations, including the Year 6 Graduation and what that will look like will be sent out soon.

### BYOD Device 2021

Students who are moving into Year 5/6 next year have the opportunity to bring in their own device that can be connected to our school network. This gives your child exclusive access to a device at all times. Students who do not bring in a device are able to use school laptops, which are often shared between students. Students will not be disadvantaged in any way if they do not have their own



device, but having their own device provides an added layer of flexibility for saving work and accessing curriculum independently. School is not responsible for any breakages that occur, but most students are quite careful with their own device and look after them remarkably. We prefer that students who engage with this program bring in an iPad. Please speak to myself or Mr Daxecker if you are unsure of what devices are suitable or if you want more information about the way they are used in class.

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# School News

## Principal's Message (cont'd)



### Principal's Message

#### Prep Transition 2021

We will be inviting our new Preps to school as of Thursday. We will have around 10 students in at a time to explore our school and see what it has to offer. This program will be run by our Prep teachers. If you are yet to enrol any siblings who are starting Prep next year, please do so as soon as possible so they can also be part of this program.

#### Morning and afternoon pick up and drop off

A huge thank you to all parents for your patience when picking up and dropping off children in the morning and after school. I would ask that you remain in your car and try to drop off your children as quickly

as possible. Getting out of your car and opening doors for your children sometimes causes a build up in traffic, which can be difficult for us to manage. If you intend to get out of your car, please park in one of the angled car park spaces on the skate park side of the car park to ensure continuous flow of traffic. Please also be mindful of how you exit the drop off zone as we have seen near misses due to people not paying attention to cars coming past. The last thing we want to see is anyone getting hurt or damaging their cars.

#### Early pick ups

We have noticed that there are several people who are picking up their children early each day. It appears that this is often due to people not wanting to wait around until the bell. Please ensure that if you are picking up your child early that you inform the office in the morning

and we will have your child ready to leave at the appropriate time. Students cannot be collected at recess or lunchtime as it is very difficult to spot children in a yard with over 250 students playing and the loudspeaker can often not be heard by the students outside. We understand that you may have appointments and need to take your children early, but we have missed enough school already this year so every extra minute in the classroom helps.

I hope you have a wonderful Melbourne Cup Day tomorrow. It looks like the weather will be amazing.

Darryl Spiteri

Principal

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# School News

## Our Grade Prep/1 Class Captains



ALINA—F1A



KAITLYN—F1B



BENJAMIN—F1C



RUBY—F1D



SHIVAM—F1E

## Meet Our Student Leaders

My name is Kaitlyn. My favourite colours are pink and purple. I'm 7 years old and I live in atherstone. I have a unicorn and panda stuff toy that are my favourite. I don't have any siblings or pets but I have my mom and dad. I have a 1 story house with lots of flowers and plants. I love whitening and math and I have a pink water bottle. My lunch box is from smile and I have a blue backpack with hearts.

Kaitlyn F1B

Hi my name is Ruby. I'm in f1d my teacher is miss Bencich. I love being back at school. Some of my favourite things are drawing and learning new things.

Ruby F1D

I have a brother and a sister. I have a pet rabbit named Kiki and a parrot named Jelly bean. I like to come to Rockbank Primary School and learn new things.

Alina F1A



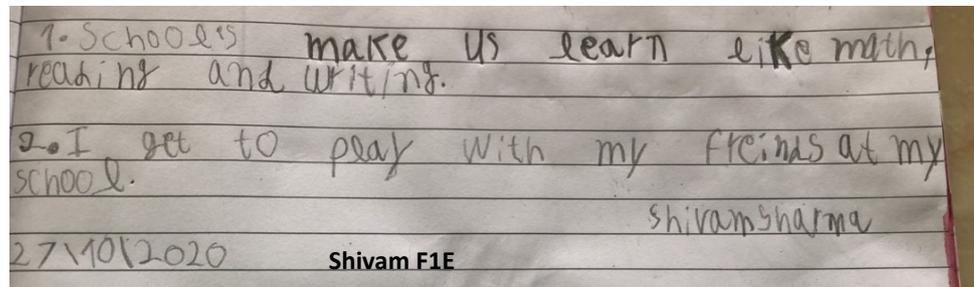
My name is Benjamin and I am 6 years old. Nothing has really changed being class captain because Remote Learning happened.

I like to have ice cream and go to the park. My favourite thing to play is computer games.

At school I like to do reading and maths. This term I'd like our class to get one more brownie point of 1000 dojo points.

I like cooking desserts with my mom. My favourite animal is an African Wild Dog.

Benjamin F1C



Shivam F1E

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# A Word from Wellbeing



Christopher Daxecker

Assistant Principal/  
Primary Welfare



## Balancing Work & Family

Balancing work and family takes persistence, determination and constant training. Working parents quickly learn how to juggle to keep all the balls in the air. They also know how to walk a tightrope, make small children laugh, ensure the animals are fed and jump through flaming hoops for their boss. That's because they're working hard to keep the show on the road. But at what cost? What happens when the balancing act takes a turn, or a tumble, and there's no

### Managing home and the working week...who's responsibility?

Helping to keep the show on the road is the responsibility of everyone in the family, including our kids. With the exception of babies and toddlers, everyone has their job to do to get out the door in time. Within the family unit, everyone needs to know what's expected. Little kids can pack their library bag, tidy their toys or make sure they have their lunch. Older kids can work to reminders on their phones or tablets and partners can delegate, take turns and be flexible in ways to support each other. **EVERYBODY** can get up 10 minutes earlier if required.

If it takes lists, electronic reminders, delegation, swapping roles, letting kids face consequences of homework not completed, ignoring the mess for a week or the occasional takeaway, then so be it.

Balancing work and family is not the sole responsibility of a senior partner.



**To balance work and family takes teamwork.** It takes shared roles, respect and commitment. It requires us as working parents to be flexible, and continually look for better ways to manage our time. Balancing the workload is a whole family responsibility, and if the whole family is on board, the load is lighter.

### Keeping a lid on stress

For any parents balancing work and family, it would be impossible not to feel stressed at times. Both work and family can make huge demands in terms of our time, decision making, commitment and energy. Keeping a lid on stress requires us to recognise that it's happening. Signs include tiredness, anxiety, inability to make decisions, loss of concentration, difficulty relaxing, feeling overwhelmed, headaches, changes in appetite or low self-esteem.

### Some useful stress busters include:

- ✓ Healthy eating and regular exercise (especially lunch breaks)
- ✓ Breaks from electronic devices and social media
- ✓ Walking, cycling or using public transport to and from work
- ✓ Accepting some things are out of our control and asking for support
- ✓ Regular family holidays and relaxation times
- ✓ Keeping up with hobbies and interests
- ✓ Making time for a facial, massage, movies, dining out – anything that reminds us we deserve some pampering

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# School News



## This is a COVIDSafe school

This school has a COVIDSafe Plan to maintain the safety of all staff and students during Term 4.

The four pillars of the COVIDSafe Plan are:



Reinforcing COVIDSafe behaviours



Creating COVIDSafe spaces



Promoting COVIDSafe activities



Responding to coronavirus (COVID-19) risk

### DRINK BOTTLES

Students should bring their own water bottle for use at school, as students should not drink directly from drinking fountains at this time. Taps may be used to refill water bottles.



### Are you wearing your mask correctly?

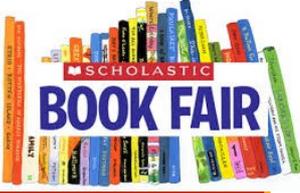


Please remember all visitors entering school grounds must wear a face mask. This includes ensuring you are wearing your mask correctly and covering nose and mouth at all times.

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# School News



## Book Fair Wish List Prepayments



If your child brings home a Book Fair Wish List and you want to pay for these selections by credit card in advance, please:

1. Go to [scholastic.com.au/payment](http://scholastic.com.au/payment)
2. Click 'Book Fairs'
3. Enter amount and pay
4. Record receipt number on back of Wish List
5. Your child then takes this payment record back to school, chooses books at the Fair and takes receipt number to cashier as payment.

**SCHOLASTIC BookFairs**

SCHOLASTIC BookFairs

# YOU'RE INVITED TO OUR SCHOLASTIC BOOK FAIR

**SNOW MUCH TO SEE AND READ AT OUR BOOK FAIR**



**FIND THESE BOOKS AND HUNDREDS MORE AT THE FAIR!**

Date 16<sup>th</sup> - 20<sup>th</sup> November Time 9am - 3pm  
Place office foyer

**EVERY PURCHASE YOU MAKE EARNS LEARNING AND LITERACY RESOURCES FOR OUR SCHOOL**

**SCHOLASTIC**

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# School News

## BPay Now Available

**BPay now available at Rockbank Primary School**



*To pay your accounts on line is simple. Use the biller code and reference number listed on your statement.*

*Each family has a unique biller code and reference number. If you need a copy of these numbers, please contact the office.*

*If you provide us with details of the invoices you are paying at the time of payment we will allocate it in accordance with your request.*



## Subway Lunches Are Back!

Subway lunch orders are back from Term 4.

Subway provide lunch orders once per week, each Friday.

Please ensure orders are placed in a sealed envelope containing order form and correct money (no change will be given) and handed to the classroom teacher by each Wednesday morning. Envelopes are to have students names, class, amount and 'subway' written on the front.

Please note that we cannot accept late orders.

Subway order forms are available for download and printing from our school website.

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# School News

## Student Leadership—2021



### School, Vice & House Captains—2021

It's time to start thinking about our student leadership team for next year! Mr Spiteri has briefed our grade four and five students on the leadership opportunities that they can apply for (School Captain, Vice Captain, House Captain)

Application forms have gone out to students, and if students need another form, they can see Sharon K.

#### What we are looking for:

School Leaders are expected to be ambassadors who embody the school values: *we are respectful, we are learners, we value togetherness and we are safe.* They demonstrate a high level of communication & social skills, take pride in the school and show respect to all school and community members. They must be approachable, reliable and trustworthy. They implement their roles with a sense of maturity and responsibility.

#### Key Dates

- Applications due : **Monday 2nd November**
- Applicants will be interviewed by a panel (including a 2020 student leader & Mr Spiteri) from **Wednesday 4th November.**

*Any students wanting support to write their applications are welcome to see their teacher or education support staff.*



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# School News

## Anaphylaxis Awareness



Rockbank Primary School is concerned about the safety and well-being of all our students. Many of you will know someone who is affected by anaphylaxis, a life threatening allergic reaction. Our school does its best to be an allergy aware school. Staff have had training in severe allergy management and we have implemented lots of strategies to help keep students at risk of anaphylaxis as safe as we can.

We now have 6 students who live with the risk of anaphylaxis to foods. Whilst these children are being taught to care for themselves at an age appropriate level, we ask that you help us educate your child on the importance of **not sharing food with others, washing hands after eating and calling out to an adult if they think their friend with allergies is sick.**

With increased awareness and understanding of anaphylaxis, you will be able to help protect those around you. A food allergy is an immune system response to a normally harmless food protein that the body believes is harmful. When the individual eats food containing that protein, the immune system releases massive amounts of chemicals, triggering symptoms that can affect a person's breathing, gastrointestinal tract, skin, and/or heart.

Anaphylaxis is the most severe form of allergic reaction and is potentially life-threatening. It must be treated as a medical emergency, requiring immediate



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# School News

## School Wide Positive Behaviours Update



**Rockbank**  
Primary School

**ROCKBANK PRIMARY SCHOOL**

# VALUES MASCOT COMPETITION

Help design a mascot to represent our  
school values:

- We are Respectful**
- We are Learners**
- We value Togetherness**
- We are Safe**

**ENTRIES TO SHARON K BY: MONDAY 9TH NOVEMBER**

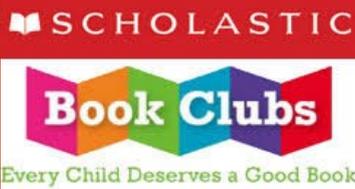
The poster features three cartoon illustrations: a red and blue rocket on the left, a superhero character with a blue mask and a red 'S' on his chest holding a yellow surfboard in the center, and a red monkey on the right.

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# School News

## Scholastic Book Club



ISSUE 8 ORDERS DUE BACK BY:

# Book Club

Bonus Christmas titles INSIDE

From the Creator of TOM GATES

**001 NEW! Shoe Wars**  
Rolly and Bear Foot must rescue their inventor dad from his hideous boss Wendy Wedge!  
452 pp. AGES 8+  
\$29.99 CLUB PRICE \$14.00

**002 NEW! Whitney and Britney Chicken Detectives**  
The feathery divas are back and this time they have a mystery to solve!  
22 pp. hardcover. AGES 3+  
\$8.99 CLUB PRICE \$12.00

**003 NEW! Macca and Al Super Pals**  
Can Macca and Al learn that heroes don't always need capes?  
24 pp. hardcover. AGES 3+  
\$9.99 CLUB PRICE \$12.00

**004 NEW! The Grumpy Granny Donkey**  
Laugh-out-loud family fun in honor of grandma's sweet yuletide.  
24 pp. hardcover. AGES 3+  
\$9.99 CLUB PRICE \$13.00

**005 NEW! The Odd Is Out Collection**  
Advice on accepting your quirks and growing up in the internet age.  
2 books, 224, 240 pp. + 192 pp. journal. AGES 10+  
\$39.99 CLUB PRICE \$30.00

**006 NEW! Snow Time!**  
Hotdog accidentally ends up at the snow instead of the beach, will it be a holiday disaster?  
128 pp. AGES 6+  
\$16.99

**007 NEW! The Deep End**  
Greg and his family hit the road for a cross-country camping trip, a disaster waiting to happen!  
224 pp. AGES 10+  
\$16.99 CLUB PRICE \$14.00

**008 Ultimate Rocks & Gems Collection**  
Discover some of the rocks and minerals that cover the surface of our Earth.  
AGES 7+  
\$24.99 CLUB PRICE \$22.00

**009 NEW! Butterfly Quest**  
Ella and Olivia are on a quest to find as many butterflies as they can.  
64 pp. AGES 5+  
\$7.99

**010 NEW! Blucy Hooley**  
It's Christmas!  
Get into the holiday spirit with lots of Blucy sticker activities.  
32 pp. AGES 3+  
\$9.99

**011 NEW! The Craziest Christmas Crack-Ups Ever!**  
Over 300 hilarious jokes ready to crack you up!  
96 pp. AGES 6+  
\$9.99

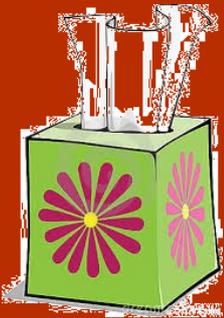
EVERY CHILD DESERVES A BOOK

**Orders Due by:  
30th  
November  
2020**

**All orders to be paid online. Orders will be delivered to school as normal. We will advise when they arrive and organise a suitable pick up time with you.**

**Visit this link to view the virtual catalogue:  
<https://www.scholastic.com.au/media/5754/bc820.pdf>**

# School News



## Tissues



**Rain, hail or shine, kids always get the sniffles!**

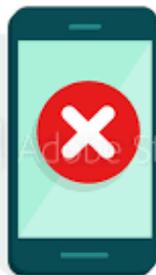
We go through many boxes of tissues in the classroom.

**If you can donate any boxes of tissues for your child's classroom, it would be greatly appreciated.**

## Mobile Phone Policy

**Please be reminded of our mobile phone policy:**

*If a mobile phone is required for the reasons of safety for travelling to and from school the child will be required to deliver the phone to the School Office for safe keeping until the end of the school day.*



This is now also a Department of Education and Training policy, requiring all students in Victorian state primary and secondary schools to switch off their mobile phones and store them securely from the start of the day until the final bell.

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# School News

## Moving Schools?



**Let us know as soon as you have confirmed placement at your new school.**

We are now planning our classes and structure for next year.

As part of this planning, we need to have a good understanding of our student numbers.

It is important if you are planning on moving your child to another school next year, that you let us know as soon as you can.

Once you have confirmed placement at your new school, please advise us immediately so we can organise transfer of details.



## Sun Smart

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

We are a SunSmart school and hats are recommended from mid-August to the end of April and are compulsory in terms 1 & 4. Children must have them on whenever they are outside. Students who are not wearing a school hat will be asked to sit in the shade where they are protected from the sun. We also encourage students to bring and apply their own SPF30 (or higher) broad spectrum, water-resistant sunscreen daily.

School hats are available to purchase through our uniform supplier, PSW Quality Apparel in Westwood Drive, Deer Park (click and collect or delivery)



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# School News



## Announcements



### October Birthdays

**Happy birthday to the following students who celebrated a birthday in October.**

Navleen Grewal	Rian Jusufi	Aarav Patial
Jaskiran Kaur	Alinah Fatima	Imogen Silva
Junior Benjamin	Alexa Marsh	Ekam Batt
Tabby Gill	Indiana Drake-Leaf	Saif Nayani
Charlotte Smith	Aks Athwal	Tom Green
Harvir Singh	Aekam Bal	Aashdeep Singh
Amteshwar Singh	Aanya Gajjar	Harman Gill
Lincoln Faleauto	Arnav Benipal	Ryan Singh
Sahej Aulakh	Abigail Smith	Harnoor Kaur
Tripjot Saini	William Kolak	Jon Carew
Kashishpreet Bhullar	Madison Courtice	Thai Vella
Akanksha Prakash	Cooper Hluschko	
Phoenix Sbriglio	William Yango	



## Every Day Counts

**Remember, going to school every day is the single most important part of your child's education. Students learn new things at school every day. Missing school puts them behind.**

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# School News

## Our Values Focus

As part of our SWPBS model at Rockbank Primary School, we teach our school wide expectations. Teaching is more than the initial instruction alone; we provide frequent opportunities for practice in the relevant context. As part of this focus, we have a concentrated focus on specific expected behaviours each fortnight. **Over the next fortnight, our values focus is:**



**WE ARE SAFE**  
during learning  
time

- Hands and feet to self
- Be where staff can see
- Leave with permission
- Use furniture appropriately



We Are Respectful



We Are Learners



We Value Togetherness



We Are Safe

## House Points

Following our school values in yard is acknowledged with House Points. Our House Captains tally the results at the end of each week.

<b>Missen</b>	<b>260</b>
<b>Peacock</b>	<b>360</b>
<b>Fisher</b>	<b>430</b>
<b>Harrison</b>	<b>430</b>

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# Celebrating our Successes



We are Respectful



We are Learners



We Value Togetherness



We are Safe

## Students of the Week

A class member from each class is recognised weekly with our Student of the Week Award. This award recognises students who consistently display our school values.

Class	Week Ending:	Week Ending:
	23rd October	30th October
F1A Miss Lane	Japman Dhaliwal	Nathan Kim
F1B Miss Andrews	Tom Green	Preeya Tishler
F1C Miss Bull	Isaac McMullen Junior Benjamin (from the office staff)	Shabadjot Sekhon
F1D Miss Bencich	Belle Watt	Moksha Rathod
F1E Miss Donoghue	Boston Rayment	Erine Rimando
23A Mrs Lehane	Mia Middling	Andrew Ulutui
23B Ms Healy	Isabel Ingram	Jay Sandhu
23C Ms Ninkovic		Sahej Kaur
23D Miss Magnano	Lincoln Faleauto	Kashishpreet Kaur
46A Miss Zemunic	Sidd Paul	Tilat Shah
46B Miss Brne	Mitra Suragoni	Marisa McMullen
46C Miss West	Mia Boaworth	Alok Thind

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# It's Not OK To Be Away

**EVERY  
SCHOOL DAY  
COUNTS**



If your child is sick or absent, you are required to notify the school as soon as possible on the day of absence by phone.

Come to school every day, and on time, and be recognised for your great achievement!



## 2020 term 4 stats at 30/10/2020

<p><b>Our Goal:</b></p> <p>All students will have at least <b>95%</b> in term 4 .</p>	<p><b>Current school wide student average:</b></p> <p><b>88%</b> </p>
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**Number of students with 100% attendance so far in term 4**

# 123

**Names of students to go into a raffle for a prize to be announced at the end of term.**

Term 4 Classroom statistics	
F1A—Miss Lane	91%
F1B—Miss Andrews	86%
F1C—Miss Bull	85%
F1D—Miss Bencich	88%
F1E—Miss Donoghue	85%
23A—Mrs Lehane	90%
23B—Ms Healy	87%
23C—Ms Ninkovic	90%
23D Miss Magnano	87%
46A—Miss Zemunic	87%
46B—Miss Brne	95%
46C—Miss West	87%

Class with highest attendance at the end of term will be recognised with a class celebration .

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# Our Learning This Week

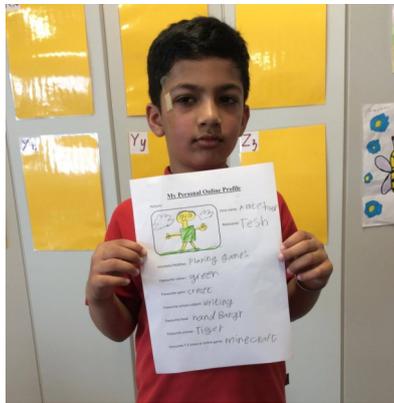
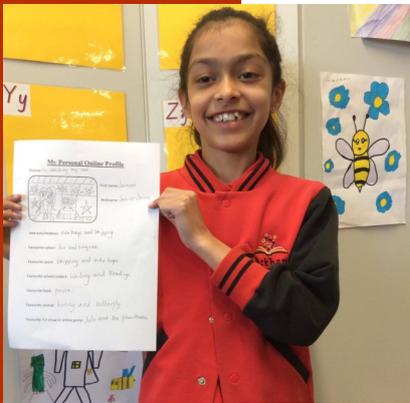
By Mrs Lehane 23A



- Use kind words
- Permission before posting online
- Keep personal details offline
- Speak up if you feel unsafe

In 23A we have been looking at how we can communicate online whilst staying safe. We watched a video about a young girl who gives away too many personal details and her friends become worried for her safety.

We created our own personal profiles that don't give away too much personal information about us.



We learnt about what is and isn't safe to share online. Here are some tips:

### Safe profiles could include:

- ✓ First name, nickname or pseudonym
- ✓ Hobbies, interests with no specific details such as club name
- ✓ Only photos where specific details can't be identified such as school or sports uniform, location, time
- ✓ Likes and dislikes such as movies or food

### Safe profiles should not include:

- ✗ Full name
- ✗ Full name of friends or family
- ✗ Birth date
- ✗ Name of school or clubs/teams
- ✗ Photos that can easily identify you e.g. school uniform
- ✗ Home address, phone number

For more information about staying safe online go to:

<https://www.esafety.gov.au/kids>

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